

For the first time in Czech republic

# 4-DAY EXTERNSHIP® IN EMOTIONALLY FOCUSED THERAPY (EFT) SPECIALIZED COUPLE THERAPY

BECOME AN EMOTIONALLY FOCUSED THERAPIST AND  
HELP COUPLES TRANSFORM THEIR RELATIONSHIP



Prague  
26–29 September 2018

**Facilitated by Rebecca Jorgensen, PhD**  
Certified Trainer: Emotionally Focused Therapy



# WHAT IS EMOTIONALLY FOCUSED COUPLE THERAPY?

Emotionally Focused Couple Therapy (EFT) is an effective short-term, research-validated approach to couple therapy, developed in the mid-1980's by [Dr. Sue Johnson](#), founder of the International Centre for Excellence in Emotionally Focused Therapy ([ICEEFT](#)).

It reflects the most recent research on the nature of relationship distress, adult love, and emotion. Emotionally Focused Therapy has revolutionized couple therapy. It is a Humanistic and Process-oriented therapy and based on John Bowlby's Attachment Theory.

It is the most empirically supported model of couple therapy, is being taught all over the world and is the must-know model if you are working with couples.



[Click Here To Learn More](#)

## About Your Trainer Rebecca Jorgensen, PhD

Specializing in EFT training development and support Dr. Rebecca Jorgensen completed her EFT training with Dr. Sue Johnson. She is a Certified EFT Trainer, Supervisor and Therapist.

Becca is a founder and Co-Director of the Training and Research Institute for EFT Alliant (TRI EFT). She serves on the International Committee and the Strategic Planning Committee for the International Centre for Excellence in Emotionally Focused Therapy. She consults with agencies and speaks internationally, helps therapists prepare for EFT certification and mentors EFT supervisors and trainers in training.

She is devoted to strengthening families through helping couples develop safe and secure marital bonds and helping therapists discover the power of using EFT. She offers online seminars, internet based group consultation and frequent educational webinars. She maintains clinical practice typically seeing couples in an intensive couple therapy format. She is a therapist's therapist and offers Hold Me Tight<sup>®</sup> Workshops for Therapists around the globe.

Dr. Jorgensen has two best selling training videos, Emotionally Focused Therapy: A Complete Treatment and Emotionally Focused Therapy: Step by Step.



# OBJECTIVES OF THE EXTERNSHIP

The Externship offers **28 contact hours over 4 days** and is the beginning in-depth training designed to help you learn the basic clinical skills required to practice and become certified as an Emotionally Focused Therapist as developed by Dr. Sue Johnson. The program includes **live sessions, theory, clinical techniques and skill training**. It is designed to give you:

- Specialized training in couple therapy.
- A clear map for intervening with couples to facilitate lasting change.
- An attachment view of couple distress.
- Skills to work deeply with emotion.
- A meaningful, competence-driven certification process with [ICEEFT](#).
- Access to a growing and highly reputable international therapeutic community.



To help you learn more about EFT prior to attending the Externship, we have prepared an introductory 1.5-hour online webinar for you that will take place on 9<sup>th</sup> of April and 14<sup>th</sup> of May 2018 at 18:00. For log in details please email [eftprague@gmail.com](mailto:eftprague@gmail.com).

This interactive webinar is free of charge!  
Sarah Ackerman, LMFT and  
Jamie Bachman, LCSW,  
EFT certified therapists and supervisors,  
will answer all of your questions about EFT.



# REGISTRATION

To register for this unique training, held on **26 – 29 September 2018**, please contact us via email. You will receive a registration form for your completion in return.

The capacity is limited to max 45 attendees!

Note: A good understanding of English is required as the training will be held in English, however, two translators will be present on site for your convenience. Please note the training is intended for professionals from among psychologists, couple and family therapists, social services providers, and other professionals working with couples and families.

For further information please reach out to Eliška Nuslauerová or Lucia Nováková via email: [eftprague@gmail.com](mailto:eftprague@gmail.com).

## PAYMENT INFORMATION

Price: **7.800 CZE**

Payment will be expected by June 2018.

## LOCATION & ADDRESS

Externship will take place at:  
Divadelní sál, Opatství Emauzy  
Vyšehradská 49/320  
128 00 Praha 2 - Nové Město  
<https://www.emauzy.cz>

